

# H<sub>2</sub> Stix

hydrogenINFUSED oxygenatedWATER

## THE FUTURE OF WATER IS HERE!!!

Sisel H2 Stix allow you to transform everyday water into super-oxygenated, stimulant-free, hydrogen infused water. Hydrogen water may support the neutralization of free radicals, recovery, improved athletic performance, and cellular health and energy.

**Now with a new Triple Berry flavor**, Sisel H2 Stix tastes great, is convenient, fast acting, packed with Vitamin C, enriched with Magnesium, and is perfect for pre and post workout.



- **Antioxidant**

- ◆ *Smallest, most bioavailable,*
- ◆ *Selective—only scavenges bad radicals leaving important ones alone*
- ◆ *Converts radicals to water—no toxic byproduct*
- *Improves the body's antioxidant system (Glutathione, catalase, SOD) Helps lower excessive oxidative stress*
- **Great for athletes**
  - ◆ *Decreases lactate (lactic acid) levels*
  - ◆ *Supports mitochondrial ATP production*
  - ◆ *Supports mitochondrial membrane potential*
  - ◆ *May prevent early fatigue*
  - ◆ *May prevent micro-injury*
  - ◆ *May prevent ROS related overtraining*
  - ◆ *Supports rapid recovery*
  - ◆ *Helps prevent/recover soft tissue injuries*
- **Anti inflammatory**
- **Anti-allergy**
- *May help lower blood pressure*
- *Protects against radiation damage*
- *Stimulates energy metabolism to help prevent weight gain*
- *Supports glucose homeostasis*
- *Stabilizes cholesterol levels*
  - ◆ *Increase HDL*
  - ◆ *Decrease LDL*
- *May help prevents erectile dysfunction*
- *Supports cognitive function*
- *Prevents age-related decline in cognitive capacity*
- **Neuroprotective**
- *Improves skin wrinkles and disorders*
- *Prevents premature cell death*
- *Helps ameliorate various gastrointestinal disorders*
- **Extremely high safety, no toxic affects**
- **The water tastes smooth and light**